

MILITARY & VETERAN MEMBERSHIPS

Join Fee is Waived and 10% off the Monthly Dues

Membership Types	Discounted Rates
Young Adult (19-29 yrs)	**$67.50**
Adult (30-61 yrs)	**$79.20**
1 Adult Family (1 adult + all dependents*)	**$91.80**
2 Adult Family (2 adults + all dependents*)	**$115.20**
2 Adults (no dependents)	**$98.20**
Senior Adult (62+yrs)	**$67.50**
Senior Family (Up to 2 seniors + all dependents*)	**$92.70**

* Please provide proof of dependency

UPDATED 09/2026

5 YMCA Locations

Please provide: Military ID, Veteran Card, DD214 for honorably discharged, Gold Star ID

Sales Tax will be added to Idaho monthly memberships.

YMCA IS HONORED TO SERVE YOU!

YMCA OF THE INLAND NORTHWEST • ymcainw.org

JOIN ONE, HAVE ACCESS TO ALL

Your membership gives you access to all 5 locations

BRANCH AMENITIES	CENTRAL Y 930 N Monroe Spokane, WA 99201	NORTH Y 10727 N Newport Hwy Spokane, WA 99218	SOUTH Y 2921 E 57th Spokane, WA 99223	VALLEY Y 2421 N Discovery Pl Spokane, WA 99216	LITEHOUSE Y 1905 Pine St Sandpoint, ID 83864
Cardio with viewing screen	✓	✓	✓	✓	✓
Child Watch Center	✓	✓	✓	✓	✓
CryoLounge	✓	✓		✓	
Disc Golf Course		✓			
Family Activity Center		✓			
Free Weights/Strength Equip	✓	✓	✓	✓	✓
Greenhouse/Garden		✓		✓	
Group Exercise Studio	✓	✓	✓	✓	✓
Group Exercise Pool	✓	✓		✓	✓
Gymnasium	✓	✓		✓	✓ Small Court
Hiking/Walking Trails		✓		✓	
HydroMassage	✓	✓		✓	✓
Indoor 25 Yard Lap Pool	✓	✓		✓	✓ 25 Meters
Indoor Lazy River		✓			
Indoor Recreational Pool		✓		✓	✓
Indoor Wading Pool	✓	✓		✓	
Indoor Warm Therapy Pool	✓				
Indoor Water Play Feature	✓	✓		✓	
Indoor Water Slide				✓	
Jacuzzi/Hot Tub	✓	✓		✓	✓
Outdoor Basketball Court		✓		✓	✓
Outdoor Pavilion		✓		✓	
Performance Zone	✓	✓		✓	
Pickleball Courts	✓ Indoor & Outdoor	✓ Indoor		✓ Indoor	✓ Outdoor
PolarWave Dry Plunge	✓	✓			
Sauna	✓ Steam/Dry/Red Light	✓ Dry & Red Light	✓ Dry	✓ Dry	✓ Steam & Dry
Skate Park				✓	
Stretching Area	✓	✓	✓	✓	✓
Youth Activity Center (REC)	✓	✓		✓	

As a member of the YMCA of the Inland Northwest, you receive:

- Full access to all five YMCA of the Inland Northwest membership facilities
- Free enrollment in our member rewards program and mobile app
- Free access to all Ys in Washington
- Access to hundreds of group exercise classes and water fitness programs included in your membership
- Complimentary Wellness Welcome with a Certified Personal Trainer to learn about our wellness programs
- Free Guest Passes (some restrictions apply. See website)
- 2 Hours of Free Child Watch per day while you work out (Ages: 6 weeks - 6 years)
- Year-round Free family fun events
- Reduced rates on Youth Sports, Swim Lessons, Day Camp, and other select programs (some restrictions apply)
- Nationwide Membership benefit
- Family friendly environment to inspire lifelong healthy activity
- Supportive atmosphere to help you achieve your wellness goals

CENTRAL SPOKANE YMCA
930 N Monroe
Spokane, WA 99201
509 777 9622

NORTH SPOKANE YMCA
10727 N Newport Hwy
Spokane, WA 99208
509 777 9622

SOUTH SPOKANE YMCA
2921 E 57th
Spokane, WA 99223
509 777 9622

SPOKANE VALLEY YMCA
2421 N Discovery Place
Spokane Valley, WA 99216
509 777 9622

LITEHOUSE YMCA
1905 Pine St
Sandpoint, ID 83864
208 263 6633