

YMCA YOUTH SPORTS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE INLAND NORTHWEST

1126 N Monroe St, Spokane, WA 99201

January 2025

ymcainw.org

READ ABOUT ALL THE EXCITING PROGRAMS, NEWS AND INFORMATION
IN THE YMCA YOUTH SPORTS PROGRAMS.



YMCA Men's Volleyball Team, 1934

Did you know?

- The YMCA Invented Volleyball in 1895
- Volleyball was originally named 'mintonette' by creator, William G. Morgan, in Holyoke, Massachusetts.

PROGRAM SPOTLIGHT VOLLEYBALL CLINICS

- First Clinic: January 11
- Grades: 4 - 6 and 7 - 8
- 1 day clinic focusing on developing techniques for passing, spiking, serving and knowledge of the game.



WE LOVE OUR SPONSORS!

Thank you to the following sponsors who help make the dream possible for the kids in our community:

- City of Spokane
- Paint 1
- Inland Power Community Foundation
- Street Styles by Nickola

JANUARY CORE VALUE: CARING

Our values guide everything we do. We believe everyone deserves a safe place to learn, grow and thrive.

GET YOUR GEAR



Pro Shop

Get your Y basketball T-shirts and Hoodies at the pro shop located at each of our YMCA Branches.

HUNGER INITIATIVES



Food Drive Distribution

Local families received food in November thanks to the generosity of our YMCA community.



WINTER LEAGUE PROGRAMS

FEBRUARY - MARCH

- Rookies Basketball
- Grades: K - 2
- Game Days: Fridays or Saturdays

FEBRUARY - MAY

- Competitive Basketball
- Grades: 3 - 8
- Game Days: Mondays or Wednesdays



NEW THIS SPRING! GIRLS FLAG FOOTBALL 7 on 7



April 19 - May 10

- Grades 5 - 12
- Locations: TBD
- Game Days: Saturdays
- Led by: Volunteer Coaches

BRANCH PROGRAMS

JANUARY - MARCH

- Minis
 - Basketball, Soccer & T-Ball
 - Saturdays at Y Branches
- Soccer Academy
 - Grades: 3 - 4
 - Saturdays at the Central Y
- Volleyball Academy
 - Grade: 4 - 6 and 6 - 8
 - Sundays at Central & North Y

Details and registration at
ymcainw.org/programs



Kinder Soccer Bash!

- Ages: 5 - 6
- 4 week Clinic on Saturdays
- Fun skills, drills, games and special gift each week.
- The third Saturday is GLOW STICK DAY!
- Locations: Central Y, North Y, and Spokane Valley Y

Player Code of Conduct

- I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice
- I will do my very best to listen and learn from my coaches.
- I will treat my teammates, coaches, parents and officials with respect.
- I will remember sports are fun and an opportunity to learn, grow and thrive.
- I will encourage my parents to be involved in a positive manner.

SCAN TO REGISTER FOR YOUTH SPORTS PROGRAMS!



YOUR DOLLARS MAKE A DIFFERENCE

Notes from past Player 2 Player Participants-

'Thank you for a great basketball "Rookie Season"! Our son learned so much, and loves the game!'

'Thank you so much for these kids and families to experience Youth Sports. I look forward to each year.'

'The team and friendships that we have created as part of the Y Youth Sports program is amazing.'

'Thank you for everything you do for the kids. They love it!!'



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