



SEPTEMBER GROUP SWIM LESSONS

8 lessons: \$56 Y Member | \$96 Community Member
 4 lessons: \$28 Y Member | \$48 Community Member

Preschool Stage 1: Water Acclimation

9/3-9/26, Tue/Thur, 8 lessons

- 3:15-3:45pm
- 3:45-4:15pm

Preschool Stage 2: Water Movement

9/3-9/26, Tue/Thur, 8 lessons

- 4:15-4:45pm

Youth Stage 1: Water Acclimation

9/16-9/25, Mon/Wed, 4 lessons

- 3:15-3:45pm

9/17-9/26, Tue/Thur, 4 lessons

- 3:15-3:45pm

Youth Stage 2: Water Movement

9/16-9/25, Mon/Wed, 4 lessons

- 3:45-4:15pm

9/17-9/26, Tue/Thur, 4 lessons

- 3:45-4:15pm

Youth Stage 3: Water Stamina

9/3-9/26, Tue/Thur, 8 lessons

- 3:15-3:45pm

9/16-9/25, Mon/Wed, 4 lessons

- 4:15-4:45pm

9/17-9/26, Tue/Thur, 4 lessons

- 4:15-4:45pm

Youth Stage 4: Stroke Introduction

9/4-9/30, Mon/Wed, 8 lessons

- 3:15-3:45pm

9/3-9/26, Tue/Thur, 8 lessons

- 3:45-4:15pm

Youth Stage 5: Stroke Development

9/4-9/30, Mon/Wed, 8 lessons

- 3:45-4:15pm

9/3-9/26, Tue/Thur, 8 lessons

- 4:15-4:45pm

Youth Stage 6: Stroke Mechanics

9/4-9/30, Mon/Wed, 8 lessons

- 4:15-5pm

September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

Member signup 8/19 - 5:30am | Community signup 8/26 - 5:30am

Age Ranges: Preschool, 3-5yr | Youth, 6-12yr