



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Pool Schedule

## Litehouse YMCA

1905 Pine St. • ymcaincw.org • 208 263 6633

Sept 1-Nov 4, 2019

Pool & spa will be close for maintenance 9/14-15

Labor Day 9/2 - All Y branches close at 4pm  
Thanksgiving Day, 11/28 - All Y branches closed

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 5:45am Lap Swim Only	5 - 5:45am Lap Swim Only	5 - 5:45am Lap Swim Only	5 - 5:45am Lap Swim Only	5 - 5:45am Lap Swim Only	8am - 7:45pm Open Swim & Lap Swim	8am - 7:45pm Open Swim & Lap Swim
5:45-7:15 Swim Team Only	5:45-7:15 Swim Team Only	5:45-7:15 Swim Team Only	5:45-7:15 Swim Team Only	5:45-7:15 Swim Team Only		
Closed Pool	Closed Pool	Closed Pool	Closed Pool	Closed Pool		
7:15-8:30 Lap Swim & Open Swim	7:15-10:45 Lap Swim & Open Swim	7:15-8:30 Lap Swim & Open Swim	7:15-10:45 Lap Swim & Open Swim	7:15-8:30 Lap Swim & Open Swim		
8:30-9:30 Swim Lessons & Open Swim		8:30-9:30 Swim Lessons & Open Swim		8:30-9:30 Swim Lessons & Open Swim		
9:30-10:45 Lap Swim & Open Swim	10:45 -11:45 Water Aerobics & Lap Swim Only	9:30-10:45 Lap Swim & Open Swim	10:45 -11:45 Water Aerobics & Lap Swim Only	9:30-10:45 Lap Swim & Open Swim		
10:45 -11:45 Water Aerobics & Lap Swim Only	11:45- 12:45 Open Swim & Lap Swim	10:45 -11:45 Water Aerobics & Lap Swim Only	11:45- 12:45 Open Swim & Lap Swim	10:45 -11:45 Water Aerobics & Lap Swim Only		
11:45-12:45 Lap Swim & Open Swim	12:45-1:45 Scheduled Groups Limited Lap Swim	11:45-3:15 Lap Swim & Open Swim	12:45-1:45 Scheduled Groups Limited Lap Swim	11:45-12:45 Lap Swim & Open Swim		
12:45-1:45 Scheduled Groups Limited Lap Swim	1:45-3 Lap Swim & Open Swim		1:45-3 Lap Swim & Open Swim	12:45-1:45 Scheduled Groups Limited Lap Swim		
1:45-3:15 Lap Swim & Open Swim	3-5:30 Swim Team Closed Pool	3:15-5:30 Swim Team Closed Pool	3-5:30 Swim Team Closed Pool	1:45-3:15 Lap Swim & Open Swim		
3:15-5:30 Swim Team Closed Pool	5:30-6:30 Swim Lessons Limited Lap Swim	5:30-6:30 Water Aerobics & Lap Swim Only	5:30-6:30 Swim Lessons Limited Lap Swim	3:15-5 Swim Team Closed Pool		
5:30-6:30 Water Aerobics & Lap Swim Only	6:30-9:45pm Lap Swim & Open Swim	6:30-9:45pm Lap Swim & Open Swim	6:30-9:45pm Lap Swim & Open Swim	5-6 Water Aerobics & Lap Swim Only		
6:30-9:45pm Lap Swim & Open Swim				6-9:45pm Lap Swim & Open Swim		

Lap Swim: Limited scheduled activities  
 Swim Lessons: Lessons have priority. Lap Swim available in remaining lanes.  
 Scheduled Groups: Reserved for larger groups. Lap Swim available in remaining lanes  
 Swim Team: Reserved for swim team practice only. Closed Pool.  
 Open Swim: Some scheduled activities. Recreational & Family swim in open area.  
 Water Aerobics: Class boundaries protected. Lap Swim Only in lanes  
 Pool Area closes 15 minutes prior to the facility closing  
 Please use pool during the posted time for your usage and respect other pool users and our lifeguards

Updated 8.26.19



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# Lap Pool

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Labor Day 9/2 - All Y branches close at 4pm  
Thanksgiving Day, 11/28 - All Y branches closed

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5-5:45am	Lap Swim All Lanes Available	5-5:45am	Lap Swim All Lanes Available	5-5:45am	Lap Swim All Lanes Available	5-5:45am	Lap Swim All Lanes Available	5-5:45am	Lap Swim All Lanes Available	8am-7:45pm	Lap Swim Lap Lanes Only	8am-7:45pm	Lap Swim Lap Lanes Only
7:15-8:30	Lap Swim Lap Lanes Only	7:15-12:45	Lap Swim Lap Lanes Only	7:15-8:30	Lap Swim Lap Lanes Only	7:15-12:45	Lap Swim Lap Lanes Only	7:15-8:30	Lap Swim Lap Lanes Only				
9:30-12:45	Lap Swim Lap Lanes Only	12:45-1:45	Scheduled Groups Limited Lap Lanes	9:30-3:15	Lap Swim Lap Lanes Only	12:45-1:45	Scheduled Groups Limited Lap Lanes	9:30-12:45	Lap Swim Lap Lanes Only				
12:45-1:45	Scheduled Groups Limited Lap Lanes	1:45-3	Lap Swim Lap Lanes Only	5:30-9:45	Lap Swim Lap Lanes Only	1:45-3	Lap Swim Lap Lanes Only	12:45-1:45	Scheduled Groups Limited Lap Lanes				
1:45-3:15	Lap Swim Lap Lanes Only	5:30-6:30	Lap Swim Limited Lap Lanes			5:30-6:30	Lap Swim Limited Lap Lanes	1:45-3:15	Lap Swim Lap Lanes Only				
5:30-9:45	Lap Swim Lap Lanes Only	6:30-9:45	Lap Swim Lap Lanes Only			6:30-9:45	Lap Swim Lap Lanes Only	5-9:45	Lap Swim Lap Lanes Only				

## Open Swim

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
7:15-10:45	Open Swim Open Area Only	7:15-10:45	Open Swim Open Area Only	7:15-10:45	Open Swim Open Area Only	7:15-10:45	Open Swim Open Area Only	7:15-10:45	Open Swim Open Area Only	8am-7:45pm	Open Swim Open Area Only	8am-7:45pm	Open Swim Open Area Only
11:45-12:45	Open Swim Open Area Only	11:45-12:45	Open Swim Open Area Only	11:45-3:15	Open Swim Open Area Only	11:45-12:45	Open Swim Open Area Only	7:15-10:45	Open Swim Open Area Only				
1:45-3:15	Open Swim Open Area Only	1:45-3	Open Swim Open Area Only	6:30-9:45	Open Swim Open Area Only	1:45-3	Open Swim Open Area Only	11:45-12:45	Open Swim Open Area Only				
6:30-9:45	Open Swim Open Area Only	6:30-9:45	Open Swim Open Area Only			6:30-9:45	Open Swim Open Area Only	1:45-3:15	Open Swim Open Area Only				
								6-9:45	Open Swim Open Area Only				