



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 7th Grade Initiative INFORMATION SHEET

Welcome to the YMCA! Starting on a path to wellness at this age is a smart thing to do. We are glad to have you as a member and want this to be a great experience for you. Your Youth Membership is effective through August 31, 2020.



CARING



HONESTY



RESPECT



RESPONSIBILITY

## OVERVIEW OF THE PROGRAM

- Student must complete membership application. Parent/Guardian must be present and sign application.
- Access to all 5 YMCA of the Inland Northwest branches.
- Y member pricing discounts on programs.

## FACILITY USAGE

- Student must complete Youth Physical Activity Readiness Questionnaire and Wellness Code of Conduct. Student must complete Youth Wellness Cardio and Strength classes before using the Wellness Center. Parent/Guardian must be present at classes and sign forms.
- Swim test may be required for pool access. Spa, sauna and steam rooms are accessible to members 15 years and older.
- Access to Teen Centers at Central Y & North Y and Youth Activity Center at Valley Y.
- Valley Y Skate Park (Open Memorial Day through Labor Day) must have waiver signed by Parent/Guardian.
- Access to Valley Y Climbing Wall.

## MEMBER CODE OF CONDUCT

- Recognize that the values of caring, honesty, respect, and responsibility are expected to govern behavior at all times.
- Membership cards must be presented each time you enter.
- Appropriate clothing is required.
- It is the member's responsibility to bring a lock to protect valuables.
- No use of foul language, abusive actions or any other inappropriate behavior.
- The Y is a drug, alcohol, weapons, tobacco and vaping free zone.
- The Y reserves the right to deny access or membership to any person who has been accused or convicted of certain crimes or is under the influence of drugs or alcohol on YMCA premises.
- Stealing or behavior which results in the destruction of property may result in termination of YMCA membership.
- Failure to follow YMCA policies and guidelines could result in termination of YMCA membership.

YMCA staff are here to help you. For questions or concerns, please see Member Services or contact the Membership Director at your branch.