



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Litehouse YMCA POOL SCHEDULE

May - July 2019

1905 Pine St. Sandpoint, ID • 208 263 6633

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5 - 8:30am	Lap Swim Only	5 - 10:45am	Lap Swim Only	5 - 6am	Lap Swim Only	5 - 10:45am	Lap Swim Only	5 - 6am	Lap Swim Only	8am - 7:45pm	Open Swim & Lap Swim
				6 - 7am	Swim Team Only & Open Swim			6 - 7am	Lap Swim Open Area		
8:30 - 10:45am	Open Swim & Adult Swim Lessons	10:45 - 11:45am	Water Aerobics & Lap Swim Only	7 - 10:45am	Open Swim & Adult Swim Lessons	10:45 - 11:45am	Water Aerobics & Lap Swim Only	7 - 10:45am	Open Swim & Adult Swim Lessons		
10:45 - 11:45am	Water Aerobics & Lap Swim Only	11:45am - 12:45pm	Open Swim & Lap Swim	10:45 - 11:45am	Water Aerobics & Lap Swim Only	11:45a - 12:45pm	Open Swim & Lap Swim	10:45 - 11:45am	Water Aerobics & Lap Swim		Sunday
11:45am - 12:45pm	Open Swim & Lap Swim	12:45 - 1:45pm	Lap Swim & Scheduled Groups	11:45am - 12:45pm	Open Swim & Lap Swim	12:45 - 1:45pm	Lap Swim & Scheduled Groups	11:45am - 12:45pm	Open Swim & Lap Swim	8am - 7:45pm	Open Swim & Lap Swim
12:45 - 1:45pm	Lap Swim & Scheduled Groups	1:45 - 3pm	Open Swim & Lap Swim	12:45 - 1:45pm	Lap Swim & Scheduled Groups	1:45 - 3pm	Open Swim & Lap Swim	12:45 - 1:45pm	Lap Swim & Scheduled Groups		
1:45 - 3:30pm	Open Swim & Lap Swim	3 - 5:30pm	Swim Team Only Closed Pool	1:45 - 3:30pm	Open Swim & Lap Swim	3 - 5:30pm	Swim Team Only Closed Pool	1:45 - 5pm	Open Swim & Lap Swim		
3:30 - 5:30pm	Swim Team Only Closed Pool	5:30 - 7pm	Swim Lessons & Lap Swim Only	3:30 - 5:30pm	Swim Team Only Closed Pool	5:30 - 7pm	Swim Lessons & Lap Swim	5-6pm	Water Aerobics & Lap Swim Only		
5:30 - 6:30pm	Water Aerobics & Lap Swim Only	7 - 9:45pm	Open Swim & Lap Swim	5:30 - 6:30pm	Water Aerobics & Lap Swim Only	7 - 9:45pm	Open Swim & Lap Swim	6-9:45pm	Open Swim & Lap Swim		
6:30 - 9:45pm	Open Swim & Lap Swim			6:30 - 9:45pm	Open Swim & Lap Swim						

Lap Swim: Limited scheduled activities.

Swim Lessons: Lessons have priority. Lap Swim available in remaining lanes.

Scheduled Groups: Reserved for larger groups. Lap Swim available in remaining lanes.

Swim Team: Reserved for swim team practice only. Closed Pool.

Open Swim: Some scheduled activities. Recreational & Family swim in open area.

Water Aerobics: Class boundaries protected. Lap Swim Only in lanes.

Pool Area closes 15 minutes prior to the facility closing.

Please use pool during the posted time for your usage and respect other pool users and our lifeguards.

Lanes = # available for lap swim

Safety Breaks - Aquatics areas are closed, including the spa

Limited Space - Part of the pool may be used by classes

Schedule subject to change at any time

Updated 05.01.19