

PEDAL FOR A PURPOSE REGISTRATION:

May 18th at Spokane Community College Track

Team Name _____

Time Slot: 8:00am 9:00am 10:00am 11:00am 12:00pm 1:00pm 2:00pm

Team Captain's Name _____ Address _____

Phone _____ Email _____ T-shirt size: Adult _____ OR Youth _____

My team will: Pedal Walk Run

TEAM MEMBERS

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

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Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Registration form must be submitted at least 2 weeks prior to your event date in order to secure your team's bikes, time slot and t-shirts.

**Please return completed form to:
YMCA Member Services at your Y Branch**

SPONSORSHIP OPPORTUNITIES

We rely on the generosity of our sponsors to help us provide services to the people who need us most. By sponsoring Pedal For A Purpose your company not only receives positive exposure in the community but you help to ensure that everyone has the opportunity to learn, grow, and thrive.

A variety of sponsorship levels are available. For questions, or to learn more about Sponsorship contact:

Jesse Zumbro
jzumbro@ymcaspokane.org
509 720 5621

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



**The YMCA
STATIONARY
BIKE RELAY
WITH A CAUSE**

**Spokane Community College Track
May 18th**

YMCA OF THE INLAND NORTHWEST
509 777 YMCA (9622)
ymcainw.org/pedal

WHAT IS PEDAL FOR A PURPOSE?

A YMCA spin bike relay event to raise money for Y programs that provide our neighbors opportunities to make a better life for themselves. If biking isn't your thing, this year there's an option for those who prefer to walk or run as well.

YMCA programs funded by this event include: **LIVESTRONG®** at the YMCA, Camp Reed scholarships, Youth Sports, Teen Programs, Membership For All, Chronic Disease Prevention, Water Safety and many more.

Last year over 1,000 participants came out to support these important programs. This year's event features a new format as we've outgrown our branches and are moving to one big outdoor event on the track at Spokane Community College (In the event of poor weather we will move inside the fieldhouse).

WHO BENEFITS? 1 in 6 Spokane County residents participates in YMCA programs and services. But for many, financial barriers make it difficult to access the programs they need. The Y strives to never turn anyone away because of an inability to pay. Last year alone the Y received over 48,000 requests for financial assistance and awarded over \$1,750,000 in aid.

YOUR TEAM'S GIFT OF \$1,000 HELPS

- **Ten DETERMINED high school students** can participate in Youth Legislature which develops leadership, sense of purpose and civic responsibility.
- **A week at Camp Reed** is possible for **two HOPEFUL** kids who otherwise couldn't afford to have the best week of their summer in the great outdoors.
- **Two cancer survivors** have the chance to regain hope and strength through the **NURTURING support** of the **LIVESTRONG®** at the YMCA program.

HOW CAN I HELP?

1. Create a team and challenge others to participate.
2. Join as a single rider with a minimum pledge and we'll place you with a team
3. Sponsor a team by making a donation.

PEDALING IS EASY HERE'S HOW

- 1 Gather a team of 10 and submit your registration form to secure your team's spot
- 2 Raise \$1,000 or more as a team by May 18th through personal donations or pledges from your friends and family. Use our convenient online fundraising page at www.ymcainw.org/pedal to help you meet your goals.
- 3 **Choose one hour, between 8am - 2pm, for your team to participate all together.**

Registration forms must be submitted at least 2 weeks prior to the event date in order to secure your team's time slot and t-shirts. Time slots will be filled in the order registrations are received. We will contact you if we are unable to honor your time request to find another suitable time.

NO TEAM? WE HAVE A SPOT FOR YOU

FOR INDIVIDUAL REGISTRATION CALL:
509 777 9622

ymcainw.org/pedal

CORPORATE CUP

Our Corporate Cup event is a fun team building opportunity for co-workers or businesses to work together to make Spokane stronger through a little healthy fundraising challenge.

Enjoy friendly competition with other businesses while raising funds to support the YMCA. Your team will compete to raise the most money through pledges from friends and family. Challenge a competitor or neighboring business for some healthy competition for a great cause.

How: Identify a team captain and register your corporate team to secure your time slot by contacting Mike Williams, 777 9622 x414 or mwilliams@ymcaspokane.org.

Space is limited - REGISTER NOW!

Corporate Cup Winner will receive:

Bragging rights for a year, a coveted Corporate Cup trophy and the satisfaction of making a difference in our community.

Previous Corporate Cup Winners

2018: Inland Empire Football Officials Association
2017: Wheeler Industries
2016: Sonderen Packaging



OUR IMPACT IS FELT EVERY DAY

Our impact is felt when an individual makes a healthy choice, when a mentor inspires a child and when a community comes together.

We know lasting personal and social change comes when we all work together. That's why, at the Y, strengthening community is our cause. Every day we work side-by-side with our neighbors to make sure everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Visit ymcainw.org/pedal to set up your personal fundraising page and make a difference today



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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