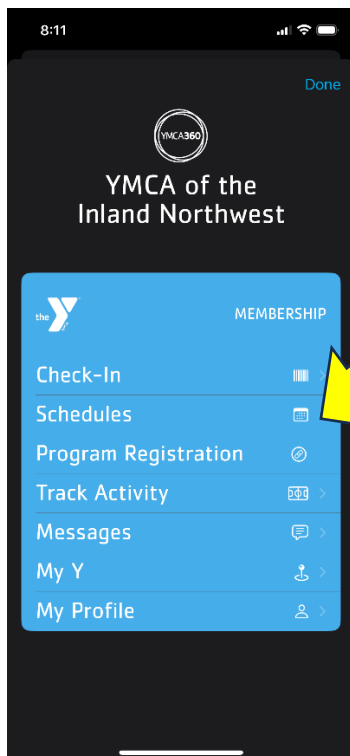


How to Find Your Local Group Exercise Classes In-Person and Virtual

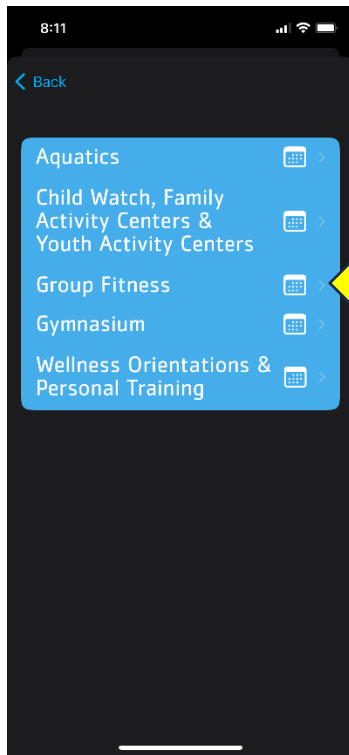


From the Home Screen, you can find all of your own information and schedules by clicking on the Y icon at the bottom of the screen.

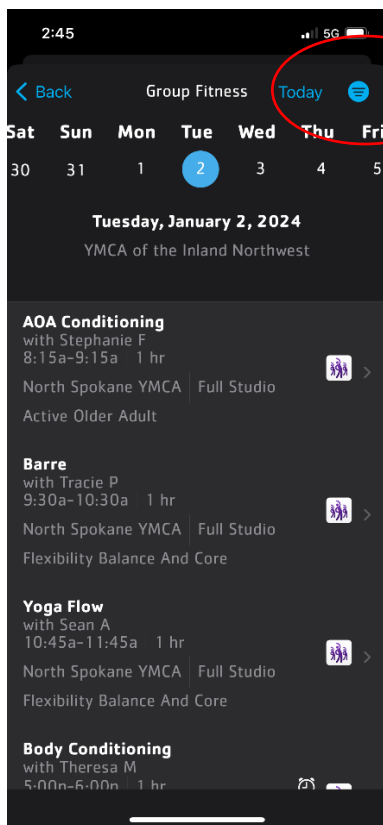


Click on Schedules

How to Find Your Local Group Exercise Classes In-Person and Virtual

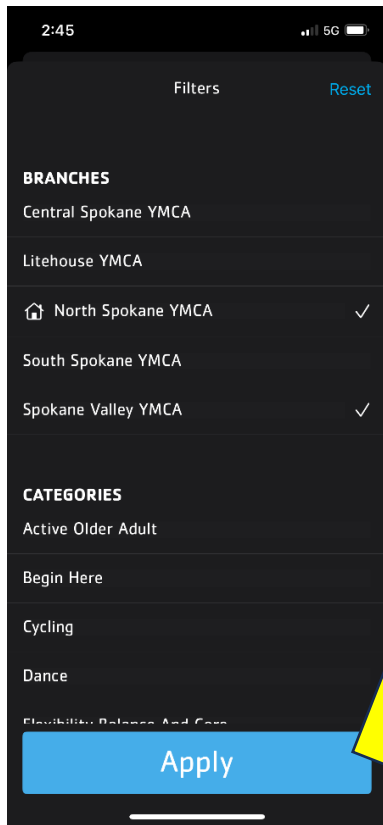


Click on Group Fitness. This will take you to the schedules of your Home Branch.



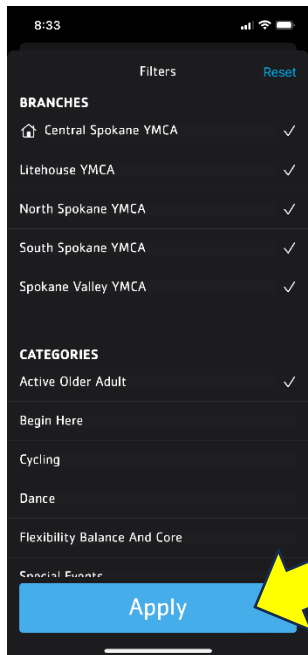
Once you're in the Schedules section of the app, you will see this blue circle in the top righthand corner. Click on this to go to the list of branches and categories to widen or narrow your search.

How to Find Your Local Group Exercise Classes In-Person and Virtual



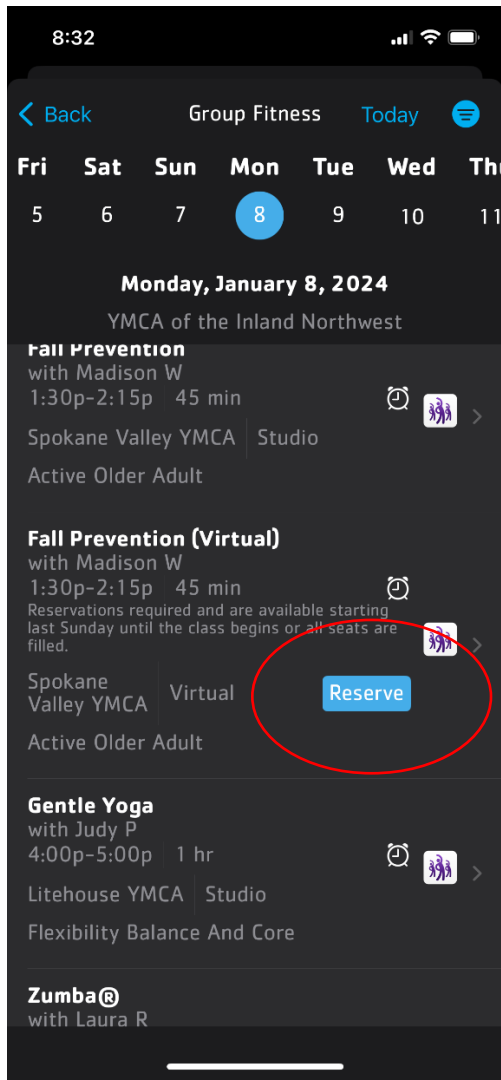
Select Branches and Category that you would like to view then click APPLY at the bottom of the screen.

VIRTUAL CLASSES WITH LOCAL ISTRUCTORS



Follow all instructions above, and when you get to the Filters page, select all branches and the Active Older Adult Category. Click Apply.
*Clicking Reset will clear your selection.

How to Find Your Local Group Exercise Classes In-Person and Virtual



Back on the Group Fitness Schedules page you will find classes identified as (Virtual). Click on the Reserve button and an email will be sent to you with a Zoom link.

When the class is about to begin, use that Zoom link to join the class from your personal device.

*Reservations can be made starting 24 hours before class is set to begin.