



FALL 2023 | SWIM LESSONS

REGISTER: ymcainw.org/programs

CENTRAL, NORTH & VALLEY YMCA

Group Swim Lesson Dates:

10/2 – 10/28

- Y Member Registration Opens: 9/18
- Community Member Registration Opens: 9/25

11/6 – 12/9* (No lessons the week of Thanksgiving)

- Y Member Registration Opens: 10/23
- Community Member Registration Opens: 10/30

Group Swim Lesson Rates:

M/W **OR** T/TH: 4 weeks/8 classes

- Y Member: \$56
- Community Member: \$96

Sat: 4 weeks/4 classes

- Y Member: \$28
- Community Member: \$48

Private Swim Lessons: (30-min)

Central Y, North Y & Valley Y: The day and time you select/register will repeat for 4 weeks.

See ymcainw.org/programs for available days and times.

- Y Member \$90 | Community Member \$176

Semi-Private Swim Lessons: See Aquatics Director for details.

Novice Swim Team:

Central Y: 3-month sessions: *(Swim Cap included)*

Beginner: M/W or T/Th 4:45 – 5:30pm • Y Member \$126 | Community Member \$216

Intermediate: M/W or T/Th 5:30 – 6:30pm • Y Member \$168 | Community Member \$288

Advanced: M/W or T/Th 6:30 – 7:30pm • Y Member \$168 | Community Member \$288

North Y: Monthly sessions: *(Swim Cap included)*

Beginner: M/W 5:30 – 6pm • Y Member \$28 | Community Member \$48

Intermediate & Advanced: T/Th 5:15 – 6pm • Y Member \$42 | Community Member \$72

Valley Y: Monthly sessions: *(Swim Cap included)*

Beginner: M/W 6 – 6:45pm • Y Member \$42 | Community Member \$72

Advanced: M/W 7 – 8pm • Y Member \$56 | Community Member \$96