

## YMCA Indoor Soccer Program

### General Information (FAQ)

Here at the YMCA, we believe in having fun and fun is the #1 goal for the Indoor Soccer program.

7 out of 10 players quit organized sports by the age of 13. The #1 reason....no longer fun.

Under no circumstances should coaches, players and/or parents vocally criticize any player, coach or official. Issues should be addressed to the Director of the program. Remember we are here to have fun!

Every player in our recreational program, regardless of skill level or ability, will play a minimum of half of every game. The only exception is due to a player's injury or behavior.

Players are not allowed to wear jewelry of any kind, except for medical alerts. Shin guards are not required but highly recommended, shin guards must be worn under the socks.

Parents will need to bring water and indoor shoes to practice and games. No cleats.

Upon entry to the Y, parents are required to check in with the front desk with Y staff.

This program is a 30 minute practice/clinic and a 20 minute game led by Y staff.

Headers are not to be used in practices or games.