



FOR YOUTH DEVELOPMENT®
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Red Cross Lifeguard Recertification Trainings – Summer 2022 YMCA of the Inland Northwest – SPOKANE BRANCHES

Class Description: American Red Cross Lifeguarding Review – Available for Red Cross Lifeguards who hold a current certification or who will expire no more than 30 days prior to class date. Successful completion will include a new 2-year certification in Lifeguarding, CPR/AED for the Professional Rescuer, and First Aid. As well as 1-year certification in Bloodborne Pathogens.

Registration Instructions and Fees:

Students may register online at ymcainw.org/programs, by calling the YMCA at 509-777-9622, or through a Member Service Representative at one of our facilities. Registration will only be accepted during the corresponding registration period. Spaces are limited on a first come, first served basis – maximum capacity cannot be changed.

Cost: Y Members \$110 | Community Members \$135

JUNE			
North Y	Sunday, June 26	12-7pm	Registration dates: May 1 – June 22
JULY			
Valley Y	Saturday, July 23	12-7pm	Registration dates: June 1 – July 19

COVID-19 Safety:

Class sessions will be conducted in a manner to reduce contact and to ensure each student has their own training supplies without sharing. Due to the nature of first responder training, there WILL be times of physical contact with other students in the water without the ability to wear a face mask, such as practicing rescuing another person or strapping to a backboard in the water. Any skills that can be distanced or modified will be. We will follow all CDC, state, and local health district requirements for professional and first responder trainings.

Please do not come to class and contact the YMCA if:

You or a household member have been in close contact with a positive COVID-19 case within the past 14 days. Or if you are exhibiting any signs or symptoms of COVID-19 prior to class. This includes: Fever over 100*, chills, cough, shortness of breath, loss of taste or smell, sore throat, muscle/body aches, runny nose or congestion, nausea/vomiting, or diarrhea (2 or more in 24 hours).

For more information, questions, or concerns please contact Therese Jarvis at tjarvis@ymcainw.org