

FIND YOUR REASON TO GIVE. FIND YOUR Y.



Whenever we see a neighbor who needs support, the YMCA stands ready to help with open arms and caring hearts. Join us and discover what a gift it is to give.



Less than a year ago, Feather's life changed in a flash when she was in a life-threatening car crash. She was rushed via helicopter from Keller to Spokane, where she remained in the hospital for 21 days. Upon her discharge, she was wheelchair bound. Struggling mentally and physically with challenges she wasn't sure she could overcome, Feather set out to find a place where she could easily access a pool to aid in her rehabilitation. However, she struggled getting out of bed each morning thinking "I'm in a wheelchair. I can't do this." After going to several fitness locations in Spokane that were not handicap accessible, Feather decided to check out the Central YMCA. Here she met with one of our managers and after a tour, Feather knew this was where she needed to be.

Thanks to our generous donors, Feather was able to receive a special Membership for All membership, which recognizes unique situations and allows Y staff to ensure no one is ever turned away from the Y due their financial limitations. Over the next three months, Feather came into the YMCA religiously Monday through Friday for one to two hours. Her goal? To walk again.

Because of the Y, Feather has gained confidence, made friends, found a place where she feels she belongs, and accomplished her goals; all of which inspired her to come work for the YMCA! Feather wants everyone to know that "without the support of donors, I wouldn't have access to a therapy pool and would likely still be in a wheelchair." She is a wonderful embodiment of our Philanthropy in Action programs that allow the Y to welcome everyone and help them strengthen their spirit, mind, and body.



\$100/month

Provides a month of early education for a child in need, allowing them to reach their fullest potential.

\$75/month

Supports 2 cancer survivors regaining their health through LIVESTRONG® at the YMCA program.

\$50/month

Sends a kid to Camp Reed to experience nature and build friendships during the best week of their life!



DONATE TODAY!
ymcainw.org/donate



YMCA OF THE INLAND NORTHWEST
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