



YMCA Camp Reed

COVID-19 Safety Plan 20211

YMCA CAMP REED COVID-19 Safety Plan

## **COVID-19 COMMUNICABLE DISEASE PLAN**

As required by the Washington State Outdoor Recreation COVID-19 Requirements, YMCA Camp Reed has developed a COVID-19 Safety Plan, specific to the operations during the 2021 summer. This a fluid situation; to meet the requirements set forth by Washington State, this document may require updating throughout the summer season. Information in this document is sourced from requirements from Washington State, outlined in the state's COVID-19 Outdoor Recreation Guide; along with information from Spokane Regional Health District (SRHD) and Northeast Tri-County Health District. Additional recommendations and best practice guidelines from the American Camping Association (ACA), Association of Camp Nurses (ACN), and Centers for Disease Control & Prevention (CDC) have been incorporated.

## **CDP TEAM MEMBERS**

Summer 2021 Camp Reed CDP (COMMUNICABLE DISEASE PLAN) Team members are appointed by Camp Directors. Team members include Camp Directors, Facilities Director, Program Coordinator, and H&W Assistant.

## **INFIRMARY**

The onsite Camp Reed Infirmary will be staffed by a volunteer health care provider; i.e., RN, MD, EMT during each week of traditional summer programming. Camper and Staff Health History Forms (HHF), proof of COVID-19 vaccine status, and COVID-19 test results will be maintained in the Infirmary. This volunteer will be aided by the H&W Assistant and will be supervised by the Camp Directors. Summer Camp Director, Katie Swain, RN, will serve as the lead camp Nurse throughout the summer season.

## **NONPHARMACEUTICAL INTERVENTIONS (NPIs)**

YMCA Camp Reed will utilize a layered approach for NPIs (Non-Pharmaceutical Interventions) during summer 2021. See The Swiss Cheese Respiratory Virus Defense image below. The NPI, purpose, and timing of implementation are listed as follows:

-*Stay home when sick* or if a close contact of someone with COVID-19. Staff and all camp participants are required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed or suspected case. Any person with symptoms or close contact will not be allowed to participate and should contact his or her primary care provider or other appropriate health-care professional.



- People with COVID-19 have had a wide range of reported symptoms, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. The CDC identifies COVID-19 symptoms as:
  - Fever of 100.4 F or higher
  - Cough
  - New Loss of taste or smell
  - Sore throat
  - Shortness of breath/difficulty breathing
  - Headache
  - Fatigue
  - Muscle or body aches
  - Chills
  - Congestion or runny nose
  - Nausea, vomiting, and/or diarrhea

*-Hand hygiene and cough/sneeze in sleeve* to decrease germ load on hands will always be utilized by campers and staff. This includes utilizing hand washing stations and hand sanitizing stations located throughout camp. Proper hand hygiene includes washing hands with soap and water for at least 20 seconds before and after cohort activities, especially after touching shared objects or nose-blowing, coughing, or sneezing. Activities to limit touching eyes, nose, and mouth are highly encouraged. If soap and water are not readily available a hand sanitizer that contains 60-95% alcohol content will be utilized. All surfaces of participants hands should be covered and rubbed together until they are dry.

*-Sanitizing* to decrease germ load on non-porous surfaces will be done following YMCA Camp Reed cleaning protocols before, during, and after activities/meals/etc.

*-Ventilation* to promote air circulation and to decrease respiratory illness transmission will always be promoted when in enclosed buildings/spaces by utilizing HVAC system, opening windows, using fans as guided by Facility Director.

*-Cohorting* (small groups) will be utilized to limit exposure and improve contact tracing during the COVID-19 pandemic. Group size is defined by best practice from American Camping Association (ACA), Spokane Regional Health District (SRHD), and Washington State guidelines. Each sleeping group occupying a cabin shall be considered a cohort of no more than 16 campers. Sleeping cohorts of no more than 16 can be combined to create consistent daytime activity cohorts of no greater than 30 campers. Cohorts should remain consistent for both daytime activities and sleeping in bunks/cabins/campsites together. No large activities that include multiple 16 camper cohorts or entire camps are allowed indoors. Sedentary outdoor activities e.g., campfires, talent shows, etc. must provide a minimum of 6 feet of social distance between “sleeping groups”.



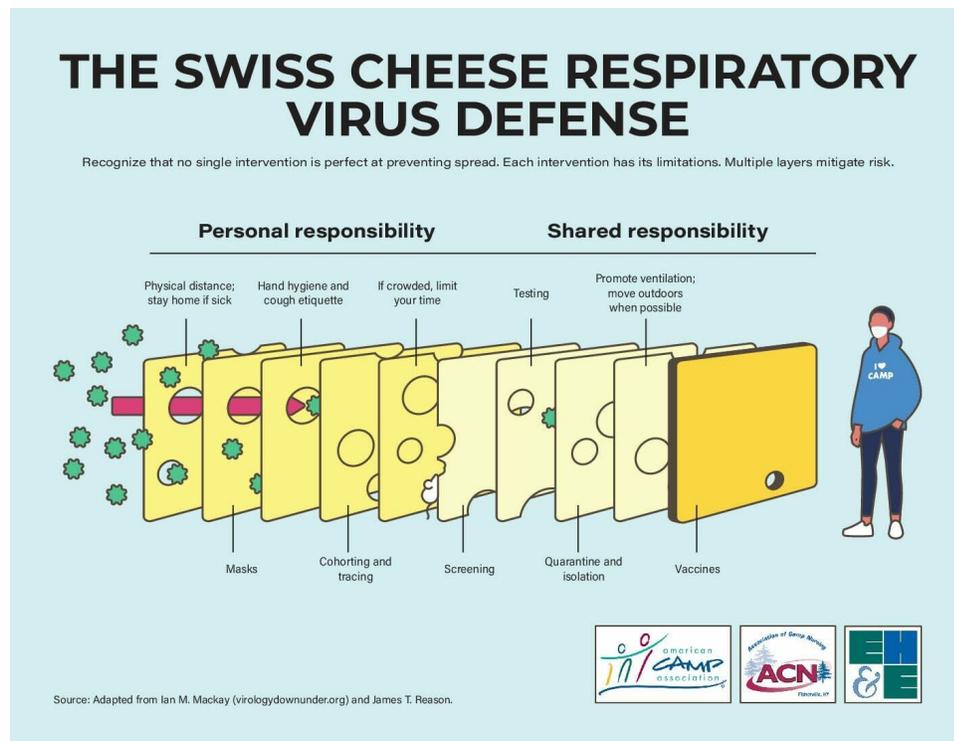
-*Face masks* (to include surgical type and cloth face coverings) to minimize the sharing of respiratory secretions and to limit respiratory illness transmission will be worn as directed by guidelines established by the ACA, SRHD, and Washington State.

-*Indoor*: All campers must wear facial coverings indoor regardless of vaccination status unless eating or sleeping. Vaccinated staff must wear facial coverings indoor if children under the age of 18 are present, but they do not need to wear facial coverings indoors if no children are present and vaccination status has been verified. Any person who chooses to wear a mask should be supported in doing so.

-*Outdoors*: Masks are not required outdoors regardless of vaccination status. Masks are strongly recommended for unvaccinated individuals outdoors in crowded places OR when in close contact with people from outside their household for a sustained period of time. As the risk of COVID-19 infection increases with the duration and closeness of contact between individuals. A place may be considered crowded when individuals are unable to maintain physical distance from each other, programs, organizations and businesses can choose to require masks and individuals can choose to wear masks regardless of vaccination status.

-*Physical distancing* and sleeping head-to-toe practices will be utilized to separate campers and staff from each other to decrease respiratory illness transmission. All campers must have at least 6 feet physical distance from other camper's heads in sleeping areas. Bedding should be arranged head-to-toe.

-*Health screening* will be conducted to raise health awareness and to identify early illness symptoms pre-camp, at arrival to camp, and ongoing during the camp session.



### RESPONDING TO COVID-19 SYMPTOMS ON-SITE/ON-SITE TESTING

If a camper or staff member has a temperature of 100.4 degrees Fahrenheit and/or other COVID-19 suspect symptoms such as persistent cough, sore throat, chills, diarrhea, or vomiting, they will be evaluated by the Healthcare Staff. Camp participant's parent or guardian may be contacted to discuss symptoms, following Camp Reed's Healthcare Plan. Camper or staff may be sent home to follow up with physician/medical provider to evaluate the need for COVID-19 testing. If anyone shows emergency warning signs (I.e. , persistent pain/pressure in chest, difficulty breathing, new confusion, inability to wake or stay awake, or bluish lips/face), medical care will be sought immediately, EMS will be activated.

#### Camper: If camper develops COVID-19 symptoms while at Camp Reed:

- parents will be contacted for prompt pick up
- the camper will be immediately isolated from other campers and as many staff as possible
- the camper will wait with the following designated staff member(s): Camp Director and one other staff member such as Program Coordinator, H&W Assistant, Camp Health Care Provider, or other Lucky Administrative staff.

#### Staff Member: If a staff member develops COVID-19 symptoms while at Camp Reed:

- Staff will be asked to leave camp immediately.



- If the ill staff member needs to be picked up or otherwise cannot leave the facility immediately, they will remain masked when in the presence of others and remain in isolation in one of the temporary staff isolation-cabins: Cherokee or Old Jenny.
- Staff member will coordinate with Camp Director regarding return to camp, as appropriate, following current guidelines from YMCA of the Inland Northwest.

At the time of this writing, YMCA Camp Reed is working in conjunction with SRHD and Washington State Department of Health to explore onsite COVID-19 testing.

### **COVID-19 VACCINATION**

YMCA Camp Reed is strongly encouraging all eligible camp staff and camp participants to receive the COVID-19 vaccine. People are considered fully vaccinated for COVID-19 two-weeks after they have received the second in the two-dose series (Pfizer-BioNTech or Moderna), or greater than two-weeks following the single dose of Johnson & Johnson (J&J/Janssen) vaccine. The vaccine record will be verified upon arrival at Camp Reed by the camp staff during the check-in process.

### **PRE-CAMP COVID-19 TEST**

Camp participants and staff who are not fully vaccinated, see above for criteria, are required to provide proof of a negative viral test taken no more than 1–3 days before arriving at camp. Following pre-camp COVID-19 testing, camper or staff will quarantine prior to their arrival to Camp Reed to limit any possible post-testing exposure to COVID-19. Per Washington State guidelines, anyone unable to meet vaccination or testing conditions is not allowed to participate in any Camp Reed programming.

### **DAILY SYMPTOM SCREENING**

Symptom screenings will be done daily for all camp participants, including campers and staff. Counselling staff will conduct daily screenings of all cabin members, using Camp symptom tracker form, self-screening included. All staff members without a cabin group assignment, will participate in daily screening with the H&W assistant. All symptom screenings will be completed by breakfast and screening forms turned in to H&W Assistant at breakfast. H&W Assistant will notify Infirmary staff for any campers or staff requiring follow-up from symptom screening. Camper or staff requiring follow-up by Healthcare staff, will remain masked and outside of the Lodge, while coordination for evaluation is arranged.

### **DINING/MEALS**

As is required by Washington State, YMCA Camp Reed will utilize staggered mealtime schedules. A minimum 6-foot distance will be maintained between cohorts. No sharing of items. If indoor eating is necessary due to poor weather, The Lodge is limited to 50% capacity with minimum 6 feet distancing required between cohorts and maximized ventilation with all windows and doors open. Staff are responsible to maintain cleaning practices between dining groups.

### **TRANSPORTATION TO AND FROM CAMP**



Campers and Staff travelling from out of the local area should follow CDC guidelines for travel to and from camp, information can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html> . Those campers or staff who reside in the same household are encouraged to travel together, and if not in the same household, travel in separate vehicles if possible. For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Family members are encouraged to sit together. Maximize ventilation in the vehicle by opening windows. Check-in (on Sunday) and check-out (on Friday) for all Camp Reed summer programs will be conducted in the Lodge parking lot. Check-in and check-out will be conducted using a drive-thru drop off method, with specific age groups assigned to specific times, see Camp Reed pre-arrival email for details on check in times and age group assignments. Contact Directors for any questions.

#### **VISITORS**

Per Washington State guidelines, no visitors will be allowed in Camp for summer 2021. Parents or guardians are allowed to enter camp only in the case of medical emergencies or when needed to bring home a camper early, in these cases, every effort will be made to coordinate meeting of parent/guardian at Lodge parking area.

#### **STAFF DAYS OFF**

All members of the 2021 Camp Reed staff are not permitted to leave camp on days or nights off while camp is in session. If staff leave in between sessions, they must either be vaccinated or test prior to their return, following pre-Camp COVID-19 testing guidelines, noted above. Vaccinated staff may leave the camp on time off and must be diligent in practicing NPIs while out of camp and limiting contact with crowds.

#### **CASE IDENTIFICATION AND CONTACT TRACING**

Cabin cohort information, along with unit rosters, free-time rosters and other supporting documentation will be maintained on site at Camp Reed throughout the summer. Contact information for staff and camp participants will be kept on site at Camp Reed throughout the summer to assist with contact tracing in the event of a possible exposure.

#### **REPORTING EXPOSURE**

If a camper or staff member in any Camp Reed program tests positive for COVID-19, the Camp Directors will follow reporting procedures for the YMCA of the Inland Northwest, North East Tri-County Health District, and Spokane Regional Health District to determine next steps for the facility. When communicating with families and staff about any COVID-19 cases, Camp Directors will follow privacy practices as set forth by the YMCA of the Inland Northwest.