



COVID-19 COMMUNITY RESPONSE

What we are achieving together in response to the needs in our neighborhoods.

MARCH 2020 - FEBRUARY 2021



CHILD CARE FOR FIRST RESPONDERS

With schools closed, many first responders and essential workers need accessible and affordable child care. WA Ys are providing free and low-cost child care to support first responders and other essential employees. We will care for their families while they care for ours.



Providing care for **3,167+** children per week at 113 sites **1,239+** subsidized



“All of our backup child care support disappeared instantly and left us scrambling. The Y was so fast in seeing the need and filling it. The relief I felt I just cannot explain.”
- First Responder



FEEDING VULNERABLE CHILDREN

WA Y's are working closely with school districts and community partners to address meal access for children and low-income families.



Providing **193,357** meals per week

“Food banks have only been able to provide us canned goods... The Y has been a blessing to us as they have been able to get us the fresh food we desperately needed.”
- Community Member



HOUSING AND SERVICES FOR YOUNG ADULTS

The critical services we provide for teens and young adults like transitional and long-term housing, mental health treatment, crisis intervention, and casework are more important than ever.



Providing housing and services for **5,481** young adults

“My friends from the Y are among my closest companions. Being good friends means we can count on each other to be there and during”



SENIOR HEALTH OUTREACH

Senior citizens are the most at-risk for COVID-19 and many are experiencing increased social isolation and loneliness. WA Ys are helping senior members stay connected to Y staff and to each other through regular outreach, making sure seniors maintain access to critical resources like groceries, and staying physically and mentally healthy during isolation.



Connecting with **1,500** seniors per week



“I have been doing online Y videos every day to keep my motivation going. Thank you for the great exercise videos and for the call to check-in on me.”
- Y Member



SCHOOL-AGE ACADEMIC SUPPORT AND SERVICES



In partnership with school districts, WA Ys are supporting youth and families with distance learning and school-day care along with the enrichment activities, social emotional learning, and active play that the Y is known for.



Providing camps, academic support, and services for

2,370

youth daily

Knowing that the Y was there to support our youth and families made all the difference to our families and to our schools.

- School Superintendent



TEEN LEADERSHIP PROGRAMS



Our statewide and local leadership programs like the YMCAs Youth and Government Program and others, enhance teen civic education and leadership skills.



Providing Leadership Programs for

1,207

Teens

The YMCA Youth and Government program made me feel less alone, knowing I have a whole community behind me.

- YMCA Youth and Government Student



ADULT SWIM AND YOUTH SWIM LESSONS



Adults and youth discovered their swim potential through YMCA swimming lessons, swim teams, lap swimming and more. WA Ys provide a safe environment for swimmers of all ages and abilities with limited pool lanes/space.

Providing swimming for

3,293

adults per day

Providing swim lessons for

9,056

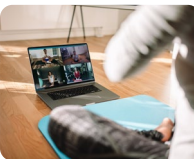
youth

Our family has learned to be safer around water, thank you YMCA!

- Parent



ONLINE FITNESS AND CHRONIC DISEASE CLASSES



WA Ys are connecting people to online fitness and chronic disease classes to enhance their health and reduce risks of chronic diseases.



Providing online fitness and chronic disease classes for

3,384

adults per week

It has been great to stay connected with some of my favorite Y Healthy Living programs and Y friends.

- Y Member

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WASHINGTON STATE YMCAS
COMMUNITY RESPONSE



CHILD CARE FOR 1ST RESPONDERS



FOOD SUPPORT FOR KIDS



SHELTER FOR AT-RISK YOUTH



OUTREACH FOR SENIORS



SCHOOL-AGE ACADEMIC SUPPORT AND SERVICES



TEEN LEADERSHIP PROGRAMS



ADULT SWIM AND YOUTH SWIM LESSONS



ONLINE FITNESS AND CHRONIC DISEASE CLASSES