



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Member Consent and Commitment to the YMCA's COVID-19 Safety Policies

Please read the following Covid-19 Safety policies as required by all YMCA members participating in fitness and training activities:

**Caring** – I wear my mask to show care for others.

When inside any YMCA facility, members must wear an approved face covering/cloth mask, which covers the nose and mouth, at all times\*.

\*Exceptions for swimming in a pool or showering (masks must be worn in spa).

**Honesty** – I am honest about my own health.

All members will respond truthfully to a series of health screening questions.

If a member answer "yes" to any of the health screening questions or become ill while in the facility, that person will be asked to leave the facility and not return until they are fever and symptom-free for 24 hours.

**Respect** – I treat YMCA staff and other members with respect, compassion and understanding.

**Responsibility** – I am responsible for washing my hands and cleaning the equipment before and after use.

Members will wash their hands or use facility provided hand sanitizer upon entrance to the facility and prior to entering the training floor.

Members will assist with sanitizing equipment immediately after each use using CDC approved disinfectants provided by the YMCA.

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**Physical Distancing:** Members are expected to maintain a minimum of 6 ft physical distancing from other people while inside YMCA facilities and on YMCA property. No congregations will be allowed.

Members will maintain additional distance from others, as well as face away from others, while exercising.

Members are be required to bring their own water bottles and towels. Water fountain use restricted to water bottle filling stations only.

The protection of our members and staff participating in our programs and/or using our facilities is a paramount interest of the YMCA of the Inland Northwest.

We reserve the right to deny access or membership to any person who refuses to follow these Covid-19 safety policies or the YMCA Membership Code of Conduct.

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